

Meal Prices

Breakfast		Lunch	
Student	\$1.50	Student	\$2.55
Guest	\$2.00	Guest	\$4.00
Extra Milk	\$0.30	Extra Milk	\$0.30
Extra Entrée	\$1.00	Extra Entrée	\$1.00

May 2017

Schleswig School District Breakfast & Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

1

No School

Breakfast Pizza

2

Beef Soft Shell Tacos
Grilled Cheese Sandwich

Carrots

Long John Donut

3

Macaroni & Cheese
w/Bread
Chicken Wrap

Hashbrowns

Waffles

4

Cheeseburger
Popcorn Chicken
w/Bread

Peas

French Toast Sticks

5

Italian Dunker
Hot Dog on Bun

Baked Beans

Sausage & Cheese Biscuit

8

Nachos Grande
Chili Cheese Crispito

Corn

Dutch Waffle

9

Chili w/Corn Chips
Chicken Nuggets

A&B: Cinnamon Roll
Carrots

Glazed Donut

10

Ham & Cheese Wrap
Cheese Pizza

Green Beans

Breakfast Sliders

11

Corn Dog
Hamburger

Carrots

Breakfast Pizza

12

Grilled Cheese Sandwich
Chicken Wrap

Baked Fries

Cheesy Eggs & Toast

15

Breaded Pork Fritter
Chicken Nuggets

Mashed Potatoes w/Gravy

French Toast Sticks

16

Spaghetti w/Meat Sauce
w/Garlic Bread
Mini Corn Dogs

Peas

Egg & Cheese Biscuit

17

Cheese Pizza
Pork Rib Sandwich

Hashbrowns

Cinnamon Roll

18

BBQ Pulled Pork
Crispy Chicken Sandwich

Green Beans

Pancakes

19

Hot Ham & Cheese
Beef & Cheese Burrito

Corn

Breakfast Pizza

22

Sloppy Joe
Pepperoni Pizza

Peas

Breakfast Sliders

23

Corn Dog
Cheeseburger

Potato Wedges

Cheesy Eggs & Toast

24

Italian Meatball Sub
Crispy Chicken Sandwich

Carrots

Waffles

25

Macaroni & Cheese
Chicken Nuggets

Bread
Green Beans

Long John Donut

26

Hamburger
Hot Dog on Bun

Apple
Carrots

**SCHOOL
IS OUT!**
SCREAM AND SHOUT

**Are You Hungry...All
Lunch Meals Include a
Nutrient Packed Fruit
and Vegetable Bar.
Eat Your 5 servings
Everyday!**



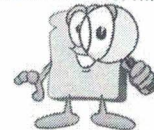
Dairy Benefits:

- Brain Development
- Strong Bones/Teeth
- Sports Recovery
- Disease Prevention
- Maintain Strong Muscles & Bones

2-3 servings a day



Be a Food Label Detective.
Make Sure to Choose Whole Grain



Look for 100% Whole Grain or Wheat on packages of food like bread, cereal, and pasta.

Breakfast Choices Offered Daily:

- Fruit or 100% Juice
- Breakfast Entrée or WG Cereal & WG Toast
- Low-Fat, Skim Strawberry, & Skim Chocolate Milk

Lunch Choices Offered Daily:

- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry, & Skim Chocolate Milk
- Tuesday-Friday Entrée Option: Jamwich, Cheese Stick & Chips

Students may select one of the three entrée options



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